Therese (Terry) King/Surgical Coordinator Department of Cardiovascular Surgery 1190 Fifth Avenue, 2nd Floor/ Suite 2 West New York City, New York 10029 Telephone: 212-241-1342

E-mail: therese.king@mountsinai.org

Fax: 212-659-6818

Patient Information/ Instructions for Pre-admission Testing / Surgery @ MSMC.

Patient Name: Itzhak Hershko

Please wear face covering for all appointments including day of surgery

Please bring this letter with you..

Outpatient testing appointment is scheduled on Tuesday, July 7th, 2020 at 8:30 AM, Please register by 8:15 AM.

You may eat your breakfast prior to testing.

Appointment is in this testing location:

GP 1 Center / 1st Floor- Lauder Family Ambulatory Center in the Guggenheim Pavilion at 1190 5th Avenue-Milddle part of the Atrium, just before Starbucks Kiosk.

8:30 AM-- COVID-19 Testing & Pretesting, approximate length of Appointment is 3 $\frac{1}{2}$ hours.

Surgery Date: Thursday, July 9th, 2020

**Please call Frank Galarza at 2:00 PM on Wednesday, July 8th, 2020 for your confirmed surgery arrival time - telephone: 212-659-6821.

Procedure: Mitral Valve Repair and possible Tricuspid Valve Repair

Surgeons: Dr. David Adams & Dr. Percy Boateng

**Concerning arrival times for surgery, your arrival time can be anywhere from 5:30 A.M. 9:00 A.M. Please prepare your transporttion plans in advance.

Fasting Instructions for surgery below:

NO Food or Liquids after 11:00 PM. Please follow instructions about showering that were provided in pre-surgical testing.

Medications/ Vitamins / Herbal Therapies to stop prior surgery.

*** Mr. Hershko, Please stop Aspirin 5 days prior to surgery, your last dose should be taken on Friday, July 3^{rd} , 2020.

*** Mr. Hershko, if you are taking Vitamin E, Gingkoba, Fish Oil, Garlic Tablets, Ginger Root, Flaxseed, Q10, Glucasmine, Omega 3 and Saw Palmetto-please stop 14 days prior to surgery, your last dose should be taken on Wednesday, June 24th, 2020.

Important! This includes all herbal supplements, Teas, Powders and Tablets**
You may drink regular Tea and Coffee.

However, please see list below –OKAY list to continue to take prior to surgery. Vitamin C, Vitamin D, Vitamin B, Magnesium, Calcium, Metoprolol, Probiotic and Melantonin.

In case of emergency the morning of surgery –

To cancel your surgery, please call, 212-241-6463 / 212-241-0714, this area opens at 5:30am-nursing desk-cardiac registration desk.

The morning of surgery, please report to the Guggenheim Pavilion, 1190 5th Avenue on 101st Street, 5th Floor-Room 182-The Cardiac Registration Desk. Telephone: 212-241-0714 or 212-241-6463.

The approximate length of your surgery from start to finish is approximately 6 to 7 hours.

^{**}For reoperative surgical cases, the approximate length of surgery is 8 hours.

^{**}For Neochord and other Trial cases, the approximate length of surgery is 4 to 6 hours.

The CSICU is a two (2) Level Unit-The CSICU location- Guggenheim Pavilion 5th Floor- 5 Center- CSICU Telephone # is 212-241-7344.—6 Center CSICU # 212-241-7955.

When you are ready to leave the CSICU, you will be transferred to the Step down Unit of the Cardiac Care Center/7th Floor–

Please Do Not bring any valuables to the hospital , NO Jewelry, Laptops, or Electronic Readers,

No landline Telephones. It is ok to bring a cell phone, just know Mount Sinai will not be held responsible if it is lost or stolen, be sure to put it away when not in use.

Please bring to the hospital, a complete list of your medications, including herbal therapies, reading glasses, Dentures, Toiletries, Hearing Aids, shaving gear, all insurance cards and under garments.

Optional – You may feel more comfortable in your own Robe and Slippers, hospital provides a cotton robe and socks with rubber grips on bottom of socks.

To request Hospital Telephone & Television Service, as an inpatient, you would contact ext. 47200 or 212-241-7200; you may pay by check, cash or credit cards. Telephone & Television package is service is \$10.00 per day.

Patient Requests for Private/Single Rooms in the Cardiac Care Center***

Can be arranged by speaking to Terry at 212-241-1342, a single room request will be sent to Bed Management and the Unit Nurse manager, every effort is made to try to accommodate your request, however, it will not be guaranteed, there are only 10 single rooms in the Cardiac Care Center.

The differential room charge is \$525.00 per day, which is above the semi-private room fees usually covered by your insuranc e carrier. Fee is required upon admission. Please Note:

Family/Friend are not permitted to stay overnight in the CSICU

Important Telephone Numbers for your Family.

CSICU / 5 - Center------212-241-7344 6 Center-----212-241-7955

Cardiac Care Center/ Step Down Unit—7 West-----212-241-7918

Cardiovascular Dept. Main # ------ 212-659-6800 Cardiovascular Dept. Main Fax----- 212-659-6818

Financial Information

PLEASE READ: Preauthorization with your Medical Insurance Carrier

Your hospital admission will be preauthorized by the CVS coordinator. Preauthorization is not a guarantee of payment, just notification of your admission with surgery to your insurance carrier. Payment for your services at Mount Sinai will be determined with your carrier upon receipt of hospital, doctors bills.

ALL PATIENTS are responsible for their contractual agreement with their insurance carrier. (Deductibles, Co-Insurance, Co-Pays, etc.)

**Please contact the Mount Sinai Anesthesia Billing Department, to check on their insurance participation. This department bills for the anesthesiologist in the cardiac OR with Dr. Adams. Telephone number is 800-627-4470, press option 5.

You do not have to call if you have Federal Medicare, they participate in Medicare.

Patient Financial Responsibility to Mount Sinai Medical Center.

A day or two before your hospital admission, you may receive a telephone call from The Mount Sinai Financial Screening Department, concerning your yearly out of pocket expenses with your medical insurance carrier. They will advise if you have any potential financial responsibility prior to your hospital admission into Mount Sinai Medical Center. The Financial Screening Department Telephone # 212-731-3600. Even though MSMC may participate with your insurance carrier, you are still required to pay your annual deductible/ coinsurance and all out of pockets expenses.

Federal Medicare/Medicaid does not need preauthorization, however, if your Medicare / Medicaid is an HMO, Yes, preauthorization is required for admission/ surgery. Mount Sinai Faculty Department Practices: Participation with insurance plans are each departments individual choice. Each specialty is considered a separate entity/practice.

Please note: at any time prior to your hospital admission, you may contact your insurance carrier to check on your benefit plan, concerning your annual deductible/co-insurance.

If you have Medicare as your Primary Insurance, you do not need to contact the Anesthesia Billing Department, they do participate with Medicare.

Re: Dr. Adams billing **Post-op surgery- billing questions or problems: if you have billing questions please contact 212-987-3100; ask for the Cardiovascular Billing Representative.

Parking / Garage information at Mount Sinai Hospital

Mount Sinai Garage 1292 Parke Ave, between Park and Madison Avenue on 99th Street, open 24 hrs. Telephone: 212-241-5125.

MPG Parking- 6 East 102nd Street between Madison and Fifth Avenues-Telephone: 212-289-2959

Imperial Parking Systems: 1510 Lexington Avenue —entrance on 98th Street between Lexington and Park Avenues —Telephone: 212-289-6257.

GGMC Parking: 60 East 94th Street, between Madison and Park Avenues. Telephone: 212-369-9304.

Visiting Hours next page

Please see below for the visitation guidelines for the pilot:

Visiting Hours

10:00am to 6:00pm

Before Visiting Your Loved One

- All visitors must be 18 years of age or older.
- All visitors will be screened for symptoms of COVID-19 when they arrive at the hospital. Anyone who has symptoms of COVID-19 or who has had significant exposure to someone with COVID-19 will not be allowed to enter.
- All visitors must wear a face covering or mask during their visit. A mask will be provided if the visitor does not have one.
- After completing the symptoms screening, visitors will be given a special sticker to wear while in the hospital.
- Visitors will be directed to the Nurses Station on the floor where their loved one is staying.
- Visitors must wash their hands with soap and water, or use hand sanitizer, before entering and exiting their loved one's room.
- If needed, visitors will be provided with personal protective equipment (PPE) to wear. Visitors must wear the appropriate PPE at all times and will be shown the correct way to wear it, including how to put it on and take it off.

During Your Visit

- Patients are allowed only one visitor at a time.
- Patients are allowed a total of four hours of visitation each day.
- Visitors must stay in the patient's room throughout their visit unless asked to step out by hospital staff.
- If needed, the hospital reserves the right to restrict the total number of visitors based on the needs of other staff and/or patients occupying the room.
- The <u>current visitation policy</u> exceptions for labor and delivery, pediatrics, end-oflife, and patients with an intellectual, developmental, or other cognitive disability will remain in effect.

Visitors who do not follow these requirements will be asked to leave.

Thank you in advance for your assistance in putting these procedures into effect. Please click here for additional details and guidelines related to the new visitor policy.

If you have any questions, please contact MSHvisitors@mountsinai.org.